Overview of PAH ecotoxicology
Growth effects in juv. chinook from dietary PAHs
Assessing PAH dose in fish

Jim Meador

Ecotoxicology and Environmental Fish Health Program Northwest Fisheries Science Center 2725 Montlake Blvd. East Seattle, WA





Short review of Ecotoxicology PAHs

General info / occurrence of PAHs

Factors that affect bioaccumulation

Toxicity of PAHs to biota

Ecotox review – PAHs General info

- ✤ 100's of PAHs. All 2 6 rings, 120 300 daltons
- ✤ LPAHs (2 3) and HPAHs (4 6)
- ♦ K_{ow} about 4 orders of magnitude (3 7)
- Alkylated homologs more persistent and toxic
 - naph, fluorene, DBT, anthracene, phenanth, pyrene, chrysene
 - C1, C2, C3, C4 n carbons in alkyl group. e.g. C2: dimethyl- or ethyl-
- Analysis usu. 16, 24, or 39+ compounds/classes

Ecotox review – PAHs

Factors that affect bioaccumulation and toxicity

* Kinetics - uptake and elimination (passive loss, excretion, biotrans)

- biotransformation. High variability among taxa
- inverts, often low metabolism.
- verts high biotransformation. Most of dose metabolized quickly, sent to bile, excreted

 Previous exposure – naïve Fundulus >> % of abnorm embryos when exposed to PAH contam sed vrs. native fish (heritable)

Route of exposure - water, diet, contact

Environmental stressors – pH, temp, D0₂, salinity, other toxicants. Any factor that affects kinetics or potency

Ecotox review – PAHs

Factors that affect bioaccumulation and toxicity

Trophic transfer

- not likely, but depends on species. Metabolites?

Lipid

- important for amount bioaccumulated and toxic response

Photoactivation

- some PAHs (anth, benz[a]anth, FLA, benz[b]fla)
- bioaccumulation for phototox, environmental relevance?

Ecotox review – PAHs toxicity to biota

Responses / modes / mechanisms of toxic action

- responses: impairment of growth, development, and reproduction. Also lethal, mutagenic, immunotoxic.
- modes imply impaired function (ACh, uncouplers, narcosis)
- modes: specific and non-specific (narcosis)
- mechanisms are specific biochemical event(s)
- PAH mechanisms: mostly unknown. Some involve AhR, but actual biochemical event unknown. Important for mixtures to determine if additive (dose or response)

Ecotox review – PAHs toxicity to biota

♦ Lethal response - acute (short-term) exposure (≤ 96 h)

- LC₅₀ values, water 10 100,000 ng/mL, sediment > 2 μ g/g, soil LC₅₀ 50 150 μ g/g
- mode of action is generally narcosis (high conc in membrane lipids that act by disrupting ion channels)
- tissue residue, LR₅₀ usually 2 8 μ mol/g (\approx 400 1,600 μ g/g)
- rat & mouse LD₅₀ values for various PAHs are 50 2000 μ g/g
- acute toxic responses are rare in the environment

Ecotox review – PAHs

toxicity to biota

- Sublethal responses
 - Impaired immune system
 - Inhibition of growth
 - Reproductive effects
 - Developmental impairment
 - Tumors and histological effects
 - Behavior generally not affected except for narcosis and skeletal abnormalities
 - Others?

Most rapidly proliferating cells susceptible

Ecotox review – PAHs immune system

- Specific and non-specific components of immune system
- non specific (phagocytic activity, natural killer cells, eosinophils, leukocyte oxidative burst)
- specific (antibody response, T-cell and B-cell mediated immunity)

Few studies on fish and inverts

RBT – LOEC of 17 ppb creosote in water (0.6 ppb PAHs)

mice – ED₅₀ of 0.03 - 0.14 μ g / g bw / d (meCholanthrene, DBA, DMBA)

Ecotox review – PAHs growth and development

Growth

- Several studies showing reduced somatic growth
- Inverts earthworm EC₁₀ 30 ppm. Bivalve EC₅₀ for indiv. PAHs with and without UV (\triangle 1000x). Only minor diff for oil exposure

Development

- Several studies on vertebrates and many on fish
- Skeletal abnormalities, yolk sac edema, pericardial edema, egg/larval mortality, reduced incubation time

Ecotox review – PAHs Reproductive effects

Endocrine disruption

- PAHs are generally anti-estrogenic (antagonistic), however some 0H-metabolites can be estrogenic (agonistic)
- Steroids metabolized via P450; induction may dec steroid hormones
- Anti-estrogenic: One study found $15x \downarrow$ in Vtg in reproductive RBT from creosote exposure (0.11 ng total PAH/mL)
- Estrogenic: metabolites give + on YES assay

Ecotox review – PAHs Reproductive effects

Organismal level

- Few studies showing organismal effects
- Several studies showing effects on thymic gluco-corticoid receptors, oocyte and follicle integrity, and placental function in small mammals (mostly BaP).
- Field studies showing inhibited gonadal growth, precocious female development, and infertile eggs in E. sole. Also dec sperm quality and egg hatchability in plaice
- Most effects related to depressed estradiol?

Ecotox review – PAHs tumors and histological effects

- Overwhelming evidence that PAHs are mutagens
- Cause genetic damage that can lead to toxicopathic lesions and tumors
- Mostly 4 6 ring PAHs. Alkyl moeity can inc mutagenicity
- Mutagenicity correlated to phototoxicity (and immunotoxicity)
- Adducts correlated to sediment PAHs (E. sole and toadfish)
- Neoplasms, foci of cellular alterations, specific degenerative necrosis, proliferative lesions are all correlated w sed PAHs for E. sole (hockey stick)

Ecotox review – PAHs toxicity to biota

Plants – PAHs toxic only at high conc. Could be a source

♦ Birds – very toxic to embryos. Inc morts, dec embryo wt., inc abnormalities at 1 – 2 μg / egg (≈ 0.036 μg/g wet wt. for DMBA, BaP, chrysene).

 Reptiles and Amphibians – Biotransformation relatively low, few tumors. Phototoxicity important. Time to death reduced by 20 to 70x for frogs exposed to fluoranthene.

Ecotox review – PAHs Guidelines

- **Water Quality Criteria**
 - several for human health ranging 0.004 960 ng/mL
 - none for aquatic life
- Sediment Criteria
 - U.S. EPA, still working on it...
 - WA State, 370 $\mu g/g$ OC LPAHs, 960 $\mu g/g$ OC HPAHs
 - Canada, 0.06 0.11 μ g/g sed dry wt. depending on PAH
- $\boldsymbol{\ast}$ Human Health ingestion RfD; indiv PAHs 0.03 to 0.3 $\boldsymbol{\mu}g$ / g bw / day
- New approaches? Tissue residues and BSAF or BCF for SQG and WQC, Target Lipid Model, dietary and ventilation dose
 - Development of fish dose database (µg / g fish / day)

Growth effects in juvenile chinook salmon from dietary PAH exposure

James Meador, Frank Sommers, Gina Ylitalo, Catherine Sloan



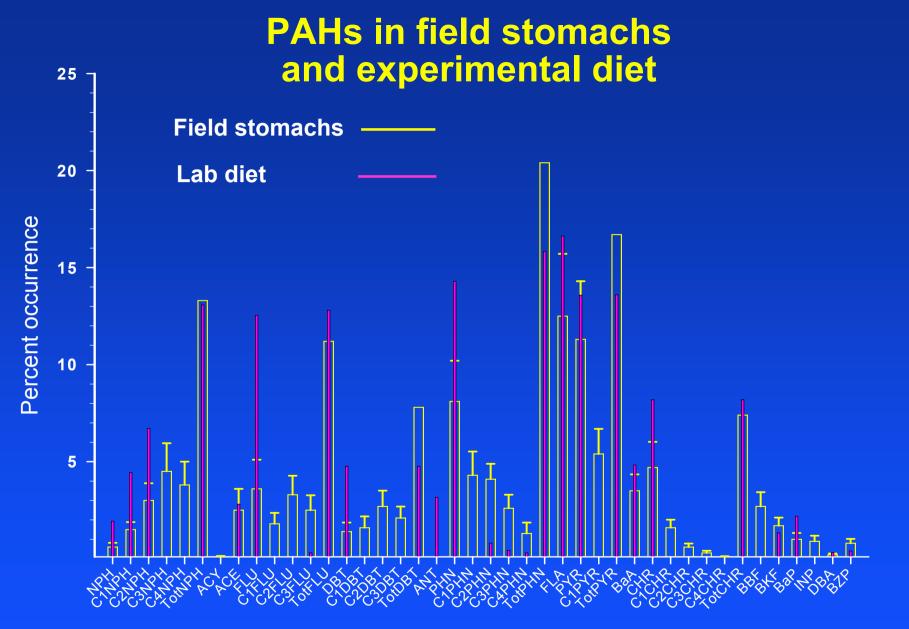
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Methods

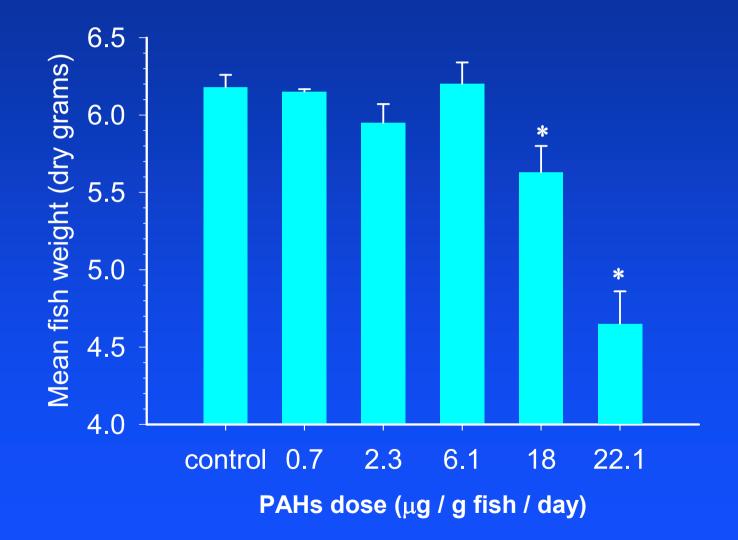
- Post smolt, in seawater, July September
- # 5 doses + control, 4 reps/treat, 50 fish/tank
- ***** Dosed over 53 days with low-fat food to mimic natural prey
- Fish weight, plasma chemistry, whole-body chem & lipids, bile
- Meador et al. (2005). Conducting Dose-Response Feeding Studies with Salmonids: Growth as an Endpoint. In: Techniques in Aquatic Toxicology Vol 2. G.K. Ostrander (ed). Ch 5.



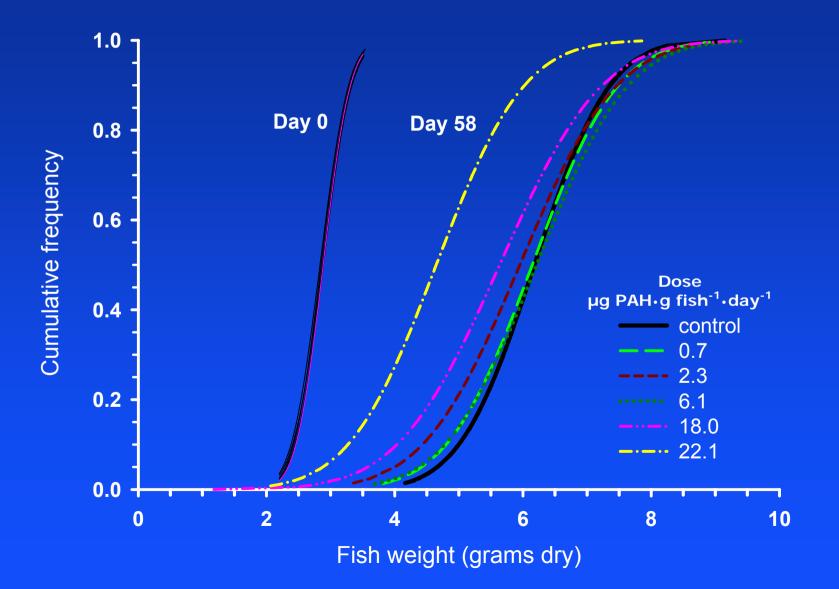


PAH

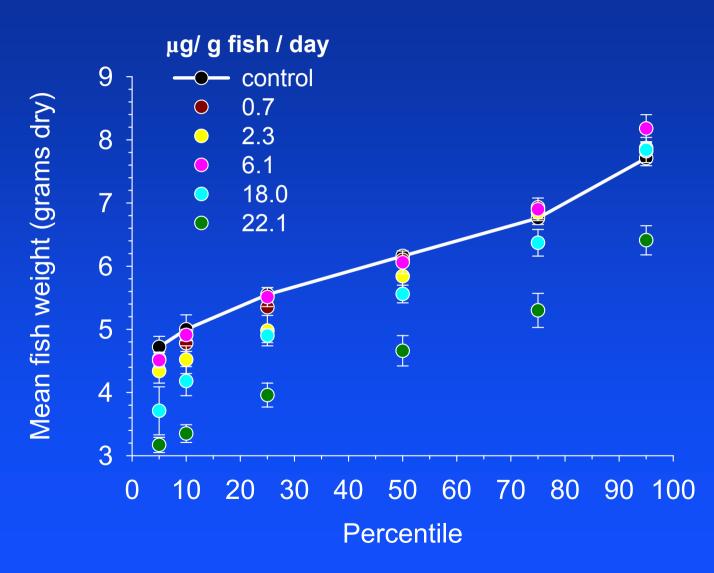
Chinook mean dry weight PAHs - Day 58



Fish weight distribution



Fish weight – percentiles – Day 58

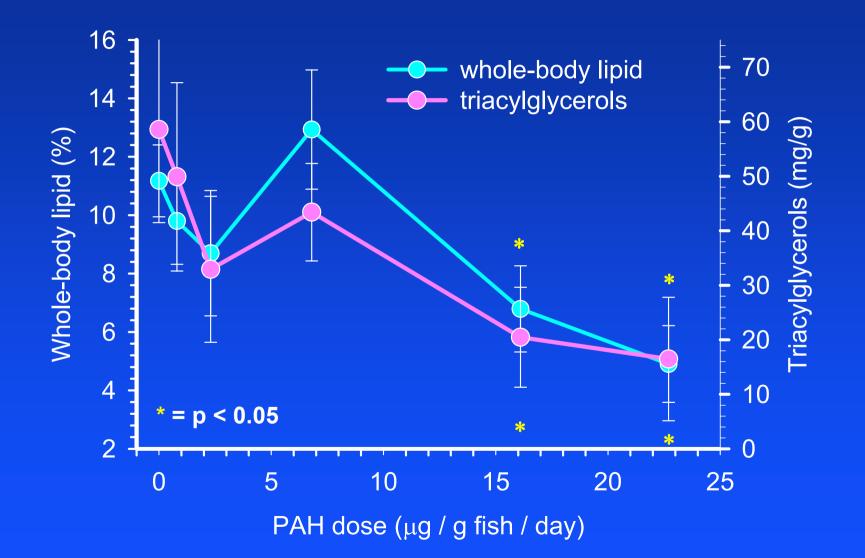


Summary Stats – Day 58

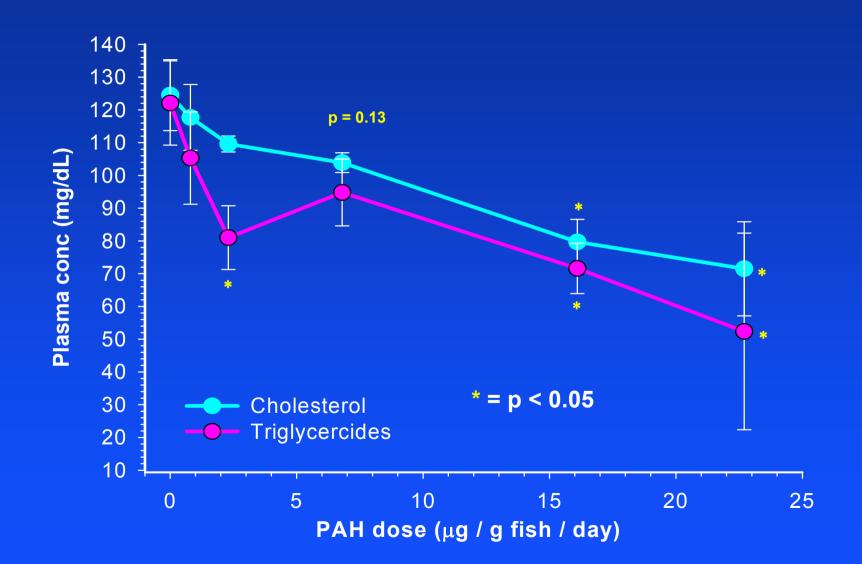
Treat	Mean				
	Wet wt	Dry wt	Tank sd	Wet to dry	Morts %
Control	27.6	6.18	0.91	4.47	Ο
0.7	28.2	6.15	1.09	4.59	1.5
2.3	26.9	5.95	1.19	4.53	2.5
6.1	28.3	6.20	1.10	4.47	2.0
18.0	26.3	5.63	1.28	4.67	Ο
22.1	22.3	4.66	1.09	4.80	0

Treatment in µg / g fish / day Yellow = p < 0.05 from ANOVA and posthoc test

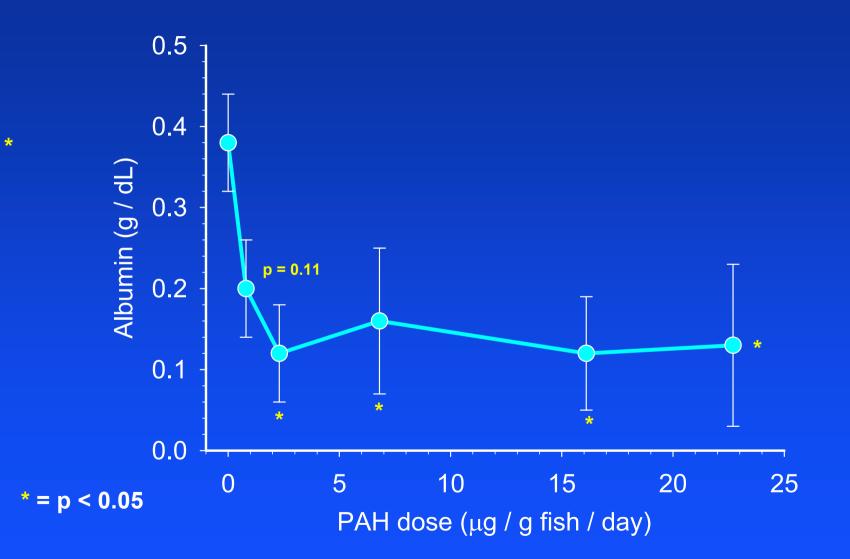
Total whole-body lipids (dry wt.)



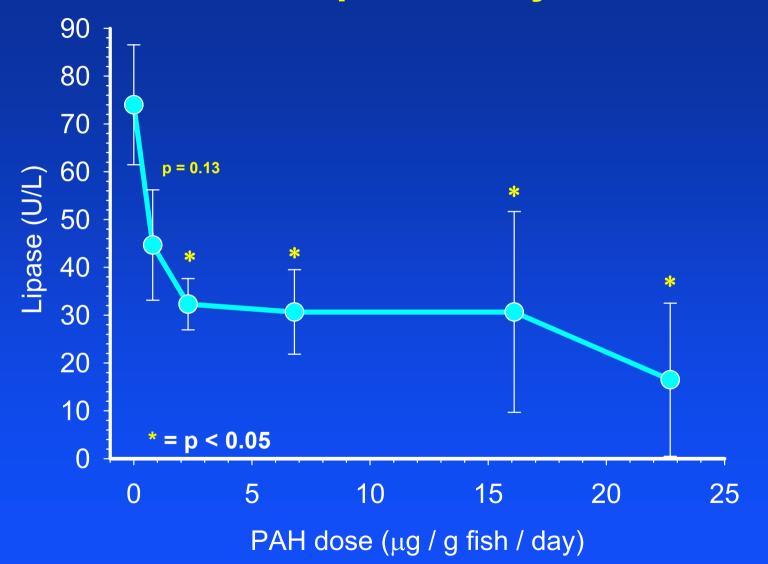
Plasma lipids – Day 56



Plasma albumin – Day 56



Plasma lipase – Day 56



Conclusions

***** Growth or physiology affected in all treatments

* Growth effects supported by altered physiological parameters, which mimic starvation

* Conclude that PAHs are highly toxic to juvenile chinook at relatively low dose

What happens in the estuary doesn't stay in the estuary

Implications

 First winter at sea crucial for these fish. Lipid content & size determine survival

Lipids: Two high dose treatments close to lethal levels. Low lipid = low winter survival

Fish weight: smaller fish less likely to survive first winter due to 1. increased predation and 2. higher metabolism.

For salmonids at this life stage, these factors are critical for survival



 Our group focuses on juvenile salmon outmigrants and the effects of contaminants in urban estuaries

- ***** Our target species is chinook (*Oncorhynchus tshawytscha*)
- Mainly assess growth and metabolic effects
- Attempt to characterize toxic effects to individuals and determine impacts to populations
- Results are likely applicable to other fish species